




















Shaw College
Student Development Programmes
2023/24 (1st Term)

Category	Programme Name	Programme Highlights	Date/Period And Time	Language	Details and Enrollment	Deadline
First Year Engagement Programme	Boot Camp	Self-exploration, making friends	6-8 Oct 2023 (Fri-Sun)	Cantonese	 \$250	18 Sep 2023 (Mon)
Art for life	Classical Guitar and Compose Workshop for Beginners	Provide fundamental guitar-playing techniques and composing skills	26 Sep, 2, 10, 17, 24, 31 Oct & 7, 14 Nov (Tue) 7:30 – 9:00pm	Cantonese		15 Sep 2023 (Fri)
Community Service Programme	Caring Heart Community Service Project Scheme 2023/24	Provide subsidy to support student service projects	Nov 2023 – late Jul 2024	N/A		Late Oct 2023
Work Experience Programme	Shaw College Leadership Development Programme-The 7 habits of highly effective people	A better career preparation by learning 7 habits for enhancing personal efficacy	28 Oct and 4 Nov 2023 (Sat) 9:30am-5:30pm	Cantonese	 \$280	13 Oct 2023 (Fri)
Language and Culture Enhancement Programme	Daily Cantonese Workshop For Non-Local Students	Equip non-local students with basic Cantonese communication skills	24, 31 Oct & 7, 14 Nov 2023 (Tue) 7:00pm-9:00pm	Cantonese / English		4 Oct 2023 (Wed)

	IELTS Preparation Workshop	Intensive preparation for IELTS (Academic) test	25 Oct & 1, 8, 15 Nov 2023 (Wed) 6:00pm-8:00pm	English		4 Oct 2023 (Wed)
	“The King & I” Musical Appreciation and Sharing	Musical appreciation and after-musical sharing workshop	Oct 2023	English	Enrollment to be open soon	TBC
	First steps in Hispanic Culture and Language	Master the basics of Spanish and understand Spanish culture	19, 26 Oct (Thu) 6:30pm-8:30pm	Spanish / English	Enrollment to be open soon	TBC
	Shaw College Toastmasters Club Open House Meeting	Improve speaking English and speech-writing, build confidence for public speaking	14 Sep 2023 (Thu) 7:00pm-9:00pm	English		13 Sep 2023 (Wed)
Mindfulness Programme	A thought of Wingchun Workshop	Promote self-awareness and resilience through Wingchun	14 Oct 2023 (Sat) 10:00am – 5:00pm	Cantonese	Enrollment to be open soon	28 Sep 2023 (Thu)
	A bite of Chocolate Workshop	Promote self-awareness and resilience through chocolate-making	28 Oct 2023 (Sat) 10:00am – 5:00pm	Cantonese	Enrollment to be open soon	12 Oct 2023 (Thu)
Make a Wish Scheme		Provide subsidy to realize students’ dreams which contribute to the community	2023/24	N/A		Mid Oct 2023

Mentorship Programme	Alumni Sharing	Alumni will share the roads to success	10 Oct 2023(Tue) 7:00 - 7:45pm 8:00 - 9:30pm	Cantonese		TBC
Sports and Recreation Courses	K-Pop Dance		3, 10, 17, 24, 31 Oct, 7 Nov 2023 (Tue) 6:30pm – 8:00pm	Cantonese		25 Sep 2023 (Mon)
	Pilates		11, 18, 25 Oct, 1, 8, 15 Nov 2023 (Wed) 7:00pm – 8:30pm	Cantonese		25 Sep 2023 (Mon)
	Thai Boxing (A)		5, 12, 19 Oct, 2, 9, 16, 23, 30 Nov 2023 (Thu) 6:30pm – 8:00pm	Cantonese		25 Sep 2023 (Mon)
	Thai Boxing (B)		6, 13, 20, 27 Oct, 3, 10, 17, 24 Nov 2023 (Fri) 6:30pm – 8:00pm	Cantonese		25 Sep 2023 (Mon)
	Kayak (1-Star Award)		21 Oct 2023 (Sat) 9:30am – 5:00pm	Cantonese		25 Sep 2023 (Mon)

30/8/2023

	Kayak (2-Star Award)		28 Oct 2023 (Sat) 9:30am – 5:00pm	Cantonese		25 Sep 2023 (Mon)
	Wing Chun		12 Oct 2023 (Thu) 7:00pm – 9:00pm	Cantonese		25 Sep 2023 (Mon)
	Karate		14 Nov 2023 (Tue) 7:00pm – 9:00pm	Cantonese		25 Sep 2023 (Mon)