












Shaw College  
Student Development Programmes (2024/25, 2<sup>nd</sup> Term)

| Category                        | Programme Name  | Programme Highlights   | Date/Period And Time   | Language          | Details & Enrollment  | Deadline                |
|---------------------------------|---|--|--|-------------------|---|-------------------------|
| First Year Engagement Programme | "Strengths Profile" Self-discovery Workshop           | Through conducting an assessment and an analysis from the trainer, the workshop helps students identify their strengths, thus gain more understanding on how to develop themselves in study and everyday life. | 13 Jan 2025 (Mon) & 4 Feb 2025 (Tue), 18:30 – 21:30                          | Cantonese/English | Enrollment Closed<br><br><input checked="" type="checkbox"/> Diversified General Education Activity |                         |
| Art for life                    | Classic Guitar and Composition Workshop for Beginners | Provide fundamental guitar-playing techniques and composing skills.  | 23 Jan 2025, 6, 13, 20, 27 Feb 2025, 13, 20, 27 Mar 2025 (Thu) 19:00 – 20:30 | Cantonese         |                  | 14 Jan 2025 (Tue)       |
|                                 | Shaw Choir  | Serve as a music exchange platform to encourage the Shaw members to explore the joy of music together  | Weekly practice session (Every Wednesday 19:00-21:00)                        | Cantonese/English |                 | 16 Jan 2025 (Thu), 12nn |
| Community Service Programme     | Caring Heart Community Service Project Scheme 2024/25 | Service projects are planned and implemented by the students and subsidised by the College.  | Nov 2024 – late Jul 2025   | N/A               |                | 20 Jan 2025 (Mon), 9am  |






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|  |  |  |   |                                     |   |                        |
|--|--|--|---|-------------------------------------|---|------------------------|
|  | Hong Kong Sign Language Workshop                     | Learning basic Hong Kong sign language and understanding deaf culture  | 6, 13, 20 & 27 Feb 2025 (Thu)<br>18:45 – 20:45            | Hong Kong Sign Language & Cantonese | <br><input checked="" type="checkbox"/> Diversified General Education Activity   | 20 Jan 2025 (Mon), 1pm |
| Cultural Integration Programme             | Chinese New Year Party                               | Welcome exchange students  | 14 Jan 2025 (Tue)<br>19:00 – 21:00                        | English                             |    | 5 Jan 2025 (Sun)       |
|  | Chinese New Year Feast                               | Enjoy dim sum at a restaurant and introduce Guangdong's food culture to exchange students  | 12 Feb 2025 (Wed)<br>12:30 – 13:30                        | English                             | Enrollment will open soon   | 6 Feb 2025 (Thu)       |
|  | Pictorial Seals Workshop                             | Learn about the history of seals, study utensils, and experience seal cutting to make seals of the twelve zodiac signs   | 22 Feb 2025 (Sat)<br>10:00 – 12:00                        | English                             | Enrollment will open soon<br><input checked="" type="checkbox"/> Diversified General Education Activity   | 12 Feb 2025 (Wed)      |
| Language and Culture Enhancement Programme | "Wuthering Heights" Musical Appreciation             | Musical appreciation and after-musical sharing session (optional)  | 26 Mar 2025 (Wed)<br>19:30 - 22:30                        | English                             | Enrollment Closed   |                        |
|  | Basic Korean & Korean Culture Workshop for Beginners | <ul style="list-style-type: none"> <li>Introduces basic Korean language, with a focus on speaking and listening skills</li> <li>Examines traditional and contemporary Korean culture</li> <li>Paper-folding of Korean traditional costume</li> </ul> | 17, 24 Feb 2025<br>10, 17 Mar 2025 (Mon)<br>18:30 - 20:30 | Korean / English                    | <input checked="" type="checkbox"/> Diversified General Education Activity<br> | 26 Jan 2025 (Sun)      |

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|  |  |   |   |                    |   |                       |
|--|--|---|---|--------------------|---|-----------------------|
|  | Basic Thai & Thai Culture Workshop   | Master the basics of Thai and understand Thai culture   | 19, 26 Feb 2025<br>12, 19, 26 Mar 2025 (Wed)<br>18:30 - 20:00 | Thai / English     |    | 26 Jan 2025 (Sun)     |
| <b>Mindfulness Programme</b>                   | Two Days of Comfort: Mind Retreat  | An overnight retreat to restore your peace of mind  | 4 – 5 Jan 2025 (Sat – Sun)<br>10:30 (4 Jan) – 16:00 (5 Jan)   | Cantonese          | Completed   |                       |
| <b>Make a Wish Scheme</b>                      | Make a Wish Scheme 2024/25   | Provide subsidy to realize students' dreams which contribute to the community   | AY2024/25   | N/A                | Enrollment for the 2 <sup>nd</sup> term projects will open soon                       |                       |
| <b>Work Experience Programme</b>               | One-On-One Career Guidance Session 『Myers-Briggs Type Indicator® (MBTI) × Career for Your Type』 2025 | One-on-one career guidance: instructor and students will explore personality type preferences and analyze how they affect students' career choices. Students' difficulties about career development will also be answered.                                      | Jan 2025  | Cantonese          | Enrollment closed   |                       |
|  | “Dress to Impress” Workshop  | <ul style="list-style-type: none"> <li>• Outfit and Color Matching Advices</li> <li>• Personal Coloring Demonstration</li> <li>• Color Psychology Theories</li> <li>• Dress code and styling tips in different occasions (i.e. interview, workplace)</li> </ul> | 24 Feb 2025 (Mon)<br>18:30 – 20:30                            | Cantonese /English |   | 7 Feb 2025 (Fri), 9am |
| <b>Environmental Sustainability Activities</b> | Subsidy Scheme on Environmental Enhancement Projects   | Launch your own green project   | All year round  | Cantonese /English |  | 10 Jan 2025 (Fri)     |

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|                               |                  |  |  |           |  |                   |
|-------------------------------|------------------|--|--|-----------|--|-------------------|
| Sports and Recreation Courses | Fitness Workshop |  | 23 Jan 2025 (Thu)<br>18:30 – 20:00                                   | Cantonese |   | 21 Jan 2025 (Tue) |
|                               | Pilates          |  | 11, 18, 25 Feb, 11, 18, 25 Mar 2025 (Tue)<br>19:00 – 20:30           | Cantonese |   | 3 Feb 2025 (Mon)  |
|                               | Sport Climbing   |  | 5, 12, 19 Feb, 12, 19 Mar 2025 (Wed)<br>18:30 – 20:30                | Cantonese |   | 23 Jan 2025 (Thu) |
|                               | Tennis Class     |  | 4, 11, 18, 25 Feb, 11, 18 Mar 2025 (Tue)<br>18:30 – 20:00            | Cantonese |   | 23 Jan 2025 (Thu) |
|                               | Thai Boxing      |  | 6, 13, 20, 27 Feb, 13, 20 27 Mar & 3 Apr 2025 (Thu)<br>18:30 – 20:00 | Cantonese |  | 23 Jan 2025 (Thu) |

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