






Shaw College
Student Development Programmes (2024/25, 2nd Term)

| Category | Programme Name | Programme Highlights | Date/Period And Time | Language | Details & Enrollment | Deadline | Diversified General Education Activity^ |
|---------------------------------|---|--|--|-------------------------------------|----------------------|----------|---|
| First Year Engagement Programme | “Strengths Profile” Self-discovery Workshop | Through conducting an assessment and an analysis from the trainer, the workshop helps students identify their strengths, thus gain more understanding on how to develop themselves in study and everyday life. | 13 Jan 2025 (Mon) & 4 Feb 2025 (Tue), 18:30 – 21:30 | Cantonese/English | Completed | | ✓ |
| Art for life | Classic Guitar and Composition Workshop for Beginners | Provide fundamental guitar-playing techniques and composing skills. | 23 Jan 2025, 6, 13, 20, 27 Feb 2025, 13, 20, 27 Mar 2025 (Thu) 19:00 – 20:30 | Cantonese | Enrollment Closed | | |
| | Shaw Choir | Serve as a music exchange platform to encourage the Shaw members to explore the joy of music together | Weekly practice session (Every Wednesday 19:00-21:00) | Cantonese/English | Enrollment Closed | | |
| Community Service Programme | Caring Heart Community Service Project Scheme 2024/25 | Service projects are planned and implemented by the students and subsidized by the College. | Nov 2024 – late Jul 2025 | N/A | Enrollment Closed | | |
| Community Service Programme | Hong Kong Sign Language Workshop | Learning basic Hong Kong sign language and understanding deaf culture | 6, 13, 20 & 27 Feb 2025 (Thu) 18:45 – 20:45 | Hong Kong Sign Language & Cantonese | Enrollment Closed | | ✓ (Must attend) |

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| | | | | | | | at least three sessions) |
| Cultural Integration Programme | Chinese New Year Party | Welcome exchange students | 14 Jan 2025 (Tue) 19:00 – 21:00 | English | Completed | | |
| | Pictorial Seals Workshop | Learn about the history of seals, study utensils, and experience seal cutting to make seals of the twelve zodiac signs | 22 Feb 2025 (Sat) 10:00 – 12:00 | English |  | 12 Feb 2025 (Wed) | ✓ |
| Language and Culture Enhancement Programme | "Wuthering Heights" Musical Appreciation | Musical appreciation and after-musical sharing session (optional) | 26 Mar 2025 (Wed) 19:30 - 22:30 | English | Enrollment Closed | | ✓ |
| | Basic Korean & Korean Culture Workshop for Beginners | <ul style="list-style-type: none"> Introduces basic Korean language, with a focus on speaking and listening skills Examines traditional and contemporary Korean culture Paper-folding of Korean traditional costume | 17, 24 Feb 2025 10, 17 Mar 2025 (Mon) 18:30 - 20:30 | Korean / English | Enrollment Closed | | |
| | Basic Thai & Thai Culture Workshop | Master the basics of Thai and understand Thai culture | 19, 26 Feb 2025 12, 19, 26 Mar 2025 (Wed) 18:30 - 20:00 | Thai / English | Enrollment Closed | | |
| Mindfulness Programme | Two Days of Comfort: Mind Retreat | An overnight retreat to restore your peace of mind | 4 – 5 Jan 2025 (Sat – Sun) 10:30 (4 Jan) – 16:00 (5 Jan) | Cantonese | Completed | | ✓ |

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| | Voices from HEART | Combining meditation with vocal training to enhance self-awareness, allowing you to discover your most comfortable and natural voice while using your voice flexibly. | 15 Feb 2025 (Sat) 10:00 – 17:00 | Cantonese | Enrollment Closed | | ✓ |
| | · ME · ME · WE · Art Therapy Workshop | Through games and artistic techniques such as painting or handicrafts to express your creativity, meet new friends and enjoy me-time | 19 Feb 2025 (Wed) 18:00 – 20:30 | Cantonese |  | 12 Feb 2025 (Wed) | ✓ |
| Make a Wish Scheme | Make a Wish Scheme 2024/25 | Provide subsidy to realize students' dreams which contribute to the community | AY2024/25 | N/A | Enrollment Closed | | |
| Work Experience Programme | One-On-One Career Guidance Session 『Myers-Briggs Type Indicator® (MBTI) × Career for Your Type』 2025 | One-on-one career guidance: instructor and students will explore personality type preferences and analyze how they affect students' career choices. Students' difficulties about career development will also be answered. | Jan to Mar 2025 (The College would schedule appointments with successful applicants) | Cantonese |  | 17 Feb 2025 (Mon) | |

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| | “Dress to Impress” Workshop | <ul style="list-style-type: none"> • Outfit and Color Matching Advices • Personal Coloring Demonstration • Color Psychology Theories • Dress code and styling tips in different occasions (i.e. interview, workplace) | 24 Feb 2025 (Mon) 18:30 – 20:30 | Cantonese /English | Enrollment Closed | | |
| Environmental Sustainability Activities | Subsidy Scheme on Environmental Enhancement Projects | Launch your own green project | All year round | Cantonese /English | Enrollment Closed | | |
| | Dragon’s Back Eco Tour X Hiking with Freedom | | 25 Jan 2025 (Sat) 09:00 – 13:30 | English | Completed | | |
| Sports and Recreation Courses | Fitness Workshop | | 23 Jan 2025 (Thu) 18:30 – 20:00 | Cantonese | Completed | | |
| | Pilates | | 11, 18, 25 Feb, 11, 18, 25 Mar 2025 (Tue) 19:00 – 20:30 | Cantonese | Enrollment Closed | | |

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| | Sport Climbing | | 5, 12, 19 Feb, 12, 19 Mar 2025 (Wed) 18:30 – 20:30 | Cantonese | Enrollment Closed | | |
| | Tennis Class | | 4, 11, 18, 25 Feb, 11, 18 Mar 2025 (Tue) 18:30 – 20:00 | Cantonese | Enrollment Closed | | |
| | Thai Boxing | | 6, 13, 20, 27 Feb, 13, 20 27 Mar & 3 Apr 2025 (Thu) 18:30 – 20:00 | Cantonese | Enrollment Closed | | |
| Summer Programme | | Language and Cultural Learning in Canada, Spain and Germany; Meditation Retreat in Nepal; Rainforest Adventures in Sabah; Service Learning in Yunnan; Study Programme in the Yangtze and Pearl River Delta; Lingnan Cultural Study Programme | May – August 2025 | N/A | Enrollment Closed | | |

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