Shaw College
Student Development Programmes (2026/27, 1st Term)

Category	Programme Name	Programme Highlights	Date/Period And Time	Language	Details and Enrollment	Deadline	Diversified General Education Activity^
First Year Engagement Programme	Image Building with Ease - New Look, New You?	No more school uniforms! Is that exciting—or a little overwhelming? This workshop helps you build your personal image, from everyday fashion choices to developing confidence and showcasing your unique personality.	23 Sep 2026 (Wed) 19:00 – 21:00	Cantonese (supplemented with English)	Enrollment Closed		✓
	Partying and Meeting New Friends with Ease	Who would have thought that the journey from strangers to best friends could begin with a PowerPoint presentation? Share your stories or personal interests through a short PowerPoint presentation. This is the perfect opportunity for you to make friends and to build your confidence.	14 Oct 2026 (Wed) 19:00 – 21:00	Cantonese (supplemented with English)	Enrollment Closed		
Art for life	Shaw College Choir	Bringing together students, staff, and alumni of Shaw College, the choir performs actively both on and off campus. They bring musical works to life with captivating voices and vibrant energy while experiencing the unique charm of choral music.	AY2026/27	Cantonese (supplemented with English)	Enrollment Closed		

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	Opera Workshop	Led by the Conductor of the Shaw College Choir, this workshop introduces students to operatic singing techniques through expert instruction and live performance demonstrations. Participants can enhance their vocal skills and explore the joy of music together.	23 Sep 2026 (Wed) 19:00 – 21:00	Cantonese (supplemented with English)	Enrollment Closed	✓
	Chinese Calligraphy Class: Running Script	Taught by an experienced calligraphy instructor, this course provides a step-by-step introduction to the fundamental brush techniques, structure and composition of running script. Even beginners can master its beauty with ease.	21, 28 Sep & 5, 12, 26 Oct & 2 Nov 2026 (Mon) 19:00 – 21:00	Cantonese	Enrollment Closed	✓
Community Service Programme	Caring Heart Community Service Project Scheme 2025/26	Service projects are planned and implemented by the students and subsidised by the College.	Nov 2026 – late Jul 2027	N/A	2 Nov 2026 (Mon), 9am	
	Guide Dog Workshop	• Introduction to the training stages of guide dogs, the services of guide dogs, and tips for interacting with visually impaired individuals • Sharing from guide dog users or foster families • Demonstration and practice of methods to assist visually impaired individuals with orientation and mobility	7 Oct 2026 (Wed) 18:00 – 21:00	Cantonese	Enrollment Closed	✓

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Language and Culture Enhancement Programme	IELTS Preparation Workshop	Intensive preparation for IELTS (Academic) test	21, 28 Oct & 4, 11, 18 Nov 2026 (Wed) 18:30 – 20:30	English	Enrollment Closed		
	Hong Kong Sign Language Workshop	Learning basic Hong Kong sign language and understanding deaf culture	20, 27 Oct & 3, 10 Nov 2026 (Tue) 18:45 – 20:45	Hong Kong Sign Language & Cantonese	Enrollment Closed		✓
	Italian Language and Culture Workshop	Master the basics of Italian language and understand Italian culture, food, traditions, festivals and travel	26 Oct & 2, 9, 16 Nov 2026 (Mon) 18:30 – 20:30	Italian / English	Enrollment Closed		
Mindfulness Programme	Simply Pop-up Café	Take a moment over a cup of coffee to sit quietly, sip mindfully, and rest gently. Let coffee and meditation soothe the weariness of your day.	16 Sep 2026 (Wed) 12:00 – 15:00	Cantonese	Walk-in	/	
	Shaw SMART Programme	Hosted by the College Head, Professor Freedom LEUNG, students practiced various stress management techniques to build resilience	29 Sep & 6, 13 Oct 2026 (Tue) 19:00 – 21:00	Cantonese/ English	Enrollment Closed		✓
Dreams Come True at Shaw	Dreams Come True at Shaw 2026/27	Provide subsidy to realize students' dreams which contribute to the community	AY2026/27	N/A		26 Oct 2026 (Mon)	
Sports and Recreation Courses	Tennis Class	Designed for beginners, this course introduces the essential techniques of forehand and backhand strokes, together with fundamental tennis footwork. By the end of the course, participants are expected to have improved their shot consistency and	2, 9, 16, 23, 30 Oct & 6, 13, 20 Nov 2026 (Fri) 18:00 – 20:00	Cantonese	Enrollment Closed		

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		be able to sustain basic baseline rallies.				
	Yoga Class	Suitable for beginners and participants of all fitness levels. This course introduces basic yoga poses, breathing exercises and stretches to promote overall physical and mental well-being.	13, 20, 27 Oct & 3, 10, 17 Nov 2026 (Tue) 18:30 – 20:00	Cantonese	Enrollment Closed	
	Thai Boxing Class	Suitable for both beginners and experienced participants. The fundamental techniques of Thai boxing, including punches, kicks, elbows and knees are introduced. Participants will also learn combinations, defensive tactics, and footwork.	24 Sep & 8, 15, 22, 29 Oct & 5, 19, 26 Nov 2026 (Thu) 18:30 – 20:00	Cantonese	Enrollment Closed	
	Pickleball Class		7, 14, 21 Oct 2026 (Wed) 19:00 – 21:00	Cantonese	Enrollment Closed	
Cultural Integration Programme	Hong Kong Traditional Treats Workshop	Local pastry chef teaches how to handmake Hong Kong traditional treats, including Put Chai Ko and Lo Mai Chi. Upon completion of the workshop, participants may take home their own handmade traditional treats.	26 Sep 2026 (Sat) 10:00 – 12:00	Cantonese/English	Enrollment Closed	✓

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	Intaglio Notebook Workshop	Participants get to explore the pleasures of carving and printing, and to create a garden landscape of their own on their notebooks.	3 Oct 2026 (Sat) 12:30 – 14:00	English	Enrollment Closed	✓

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