

Dear Students,

The email below is about a career guidance programme organized by Career Planning and Development Centre of Office of Student Affairs. If you would like to know yourself, your behaviors at workplace, your interest and career options, this is a programme you should not miss. Please register!

The poster features a light blue header with the CPDC logo and name. The main title is in large white font on a blue background. Below the title, the letters D, I, S, and C are arranged in a 2x2 grid of colored circles. Session details are listed below, including dates, times, and locations. A 'FULL' badge is present next to Session 1. The bottom left corner includes a 'Self-Exploration Month' icon.

Career Planning and Development Centre
OFFICE OF STUDENT AFFAIRS, THE CHINESE UNIVERSITY OF HONG KONG

Early Career Planning

Self-Discovery through DISC and Communication at Workplace

D **I**
S **C**

Session 1
12 Oct (Tue) | 2:30 pm | Rm 410, LSK Bldg **FULL**

Session 2
29 Oct (Fri) | 12:30 pm | Zoom

Speaker: Ivy Kwok, Senior Manager | CPDC

Self-Exploration Month

With your positive feedback and active registration for the DISC workshop in last term and session 1, we are going to open one more session for your online participation. Through conducting the 7-minute assessment and attending the debriefing, you will know your behaviors at workplace, your mirrored-self, true-self and how you behave at work, during personal time, or under stress.

Career Advisor will also give you personalized analysis to pick the matched career pathways according to your scientific personality assessment results and let you know how you could team up with people with diverse workstyles. As your cheer team, CPDC would provide you with a special offer of taking the assessment at half price.

Missing this in last term and session 1? The chance is here, grab it!

Programme	:	Self-Discovery through DISC and Communication at Workplace (Session 2)
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Programme Category	:	Early Career Planning Self-Exploration Month
Date	:	29 October 2021 (Fri)
Time	:	12:30 pm – 2:00 pm (HKT)
Format	:	Zoom* * Participants must install the Zoom software in their phone/laptop in advance. Login details will be sent to registered students on or before 12:00 noon, 29 October 2021.
Target	:	All Students
Language	:	English
Speakers	:	Ivy Kwok Senior Manager Career Planning and Development Centre
Quota	:	12
Content	:	<ul style="list-style-type: none"> • Self-understanding through DISC Career Report • Knowing your mirrored-self, true-self and how you behave at work, during personal time, or under stress • Exploring career directions • Learning how to team up with people with diverse workstyles <p>Under the theme of Resilience Enhancement, participants of this workshop will have the privilege to join 2 follow-up workshops about Stress Management and Emotional Management at Workplace.</p> <p>* Students of Shaw College who attend all three workshops (self-discovery workshop and 2 follow up workshops), the College will fully subsidize their programme cost (HKD220). In other words, they will get a refund of HKD110 from the College. *</p>
Programme Fee and Payment Method	:	CPDC will sponsor you to take the DISC assessment at half price, HKD110 . (The original total cost of each DISC career report is HKD220) Bank transfer will be allowed for payment.
Registration	:	https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13640328 Please mark the date and time for the workshop first. You will be notified if your registration is successful, or you will be on the waiting list on or before 25 October 2021.
Deadline	:	9:00 am, 25 October 2021 (Mon)

See you soon! For any questions, please call Ms. Lai at 3943 1726.

Best regards,
Career Planning and Development Centre
Office of Student Affairs