

“Strengths Profile” 自我探索工作坊

各位同學:

相信我們最大的財富就是自身擁有的長處和潛能。若能更了解自身優勢，好好發揮，定能有助大學規劃以及長遠事業發展 (請見附圖)。

“Strengths Profile” 自我探索工作坊就是希望通過完成網上測試以及聽取專業導師分析結果，認識自身強項，從而了解在學習和日常生活等方面如何提升自己。

成功報名的同學將獲安排進行網上測試，並將得到一份屬於個人的測試報告 (報告樣本英文版)。報告結果分析以及應用將由 Strengths Profile 認證導師於工作坊為同學講解。

工作坊日期及時間(共兩節):

***參加者必需出席兩節工作坊**

第一節: 2021 年 11 月 8 日 (星期一), 下午 6 時 30 分至下午 9 時 30 分

第二節: 2021 年 11 月 30 日 (星期二), 下午 6 時 30 分至下午 8 時 30 分

地點: 禰永明樓多功能學習中心 G/F

費用: \$135

**工作坊費用是由書院資助。

** 若參加者完成測試及出席兩節工作坊，費用將全數退還。

** 參加者完成網上報名手續後會收到確認電郵，請根據電郵上列明的付款方法於 3 日內付款。

報名: <https://bit.ly/3CHLQKT>

截止日期: 2021 年 10 月 10 日(星期日)

名額: 15 (歡迎所有同學報名。一年級同學優先)

如有疑問，歡迎與 Ada (3943 1549 / adatsui@cuhk.edu.hk) 或 Stella (3943 7359 / stellawong@cuhk.edu.hk) 聯絡, 我們期待你的參與!

逸夫書院

“Strengths Profile” Self-discovery Workshop

Dear students,

People’s greatest assets are their strengths. If you could realise and use your strengths more, it’ll surely benefit your academic and career planning in the future (more benefits of strengths please [see here](#)).

“Strengths Profile” Self-discovery Workshop aims to help you identify your strengths through conducting an online assessment with an analysis from a certified trainer, thus gaining more understanding on how to develop yourself in study and everyday life.

Students who have successfully enrolled will be arranged an online assessment, and will receive an individual report ([report sample English version](#)). The assessment results and its application will be explained by a certified trainer in the workshop.

Workshop Date and Time (2 sessions in total):

1st session: 8 November 2021 (Monday), 6:30pm – 9:30pm

2nd session: 30 November 2021 (Tuesday), 6:30pm – 8:30pm

Venue: G/F, Multi-Purpose Learning Centre, Huen Wing Ming Building

(Students are required to attend two sessions)

Fee: \$135

** The workshop fees are subsidized by the College.

** The fee will be fully refunded for students who complete the online assessment and two sessions of workshop.

** To secure the place, applicants are required to pay the programme fee (HK\$135) within 3 working days according to the payment method as listed in the notification email.

Enrollment: <https://bit.ly/3CHLQKT>

Deadline: 10 October 2021 (Sunday)

Quota: 15 (All students are welcome. Priority given to first year students)

Deadline: 10 October 2021 (Sunday)

Should you have any inquiries, please feel free to contact Ms. Ada TSUI (3943 1549/ adatsui@cuhk.edu.hk) or Ms. Stella WONG (3943 7359/ stellawong@cuhk.edu.hk).

We look forward to seeing you.

Shaw College