

中大朋輩支援網絡 2021 年度成員招募

你希望構建一個健康、正向的中大校園嗎？如果你樂意接受助人訓練、支援身邊的同學，同時有興趣籌辦活動或推廣心理健康，歡迎你報名參加學生事務處心理健康及輔導中心所舉辦的「uBuddies 朋輩輔導聯網」或「uPals 心理健康推廣團隊」！截止日期為 2020 年 10 月 16 日（五）。（查詢: 3943 1804 江小姐）

New Member Recruitment for CUHK Peer Support Network 2021

Do you wish to contribute to the wellness of CUHK students? If you wish to equip yourselves with helping skills so that you can better support other students around you, and have an interest in organizing activities or promoting mental wellness, you are most welcome to join the “uBuddies Peer Counselling Network” or “uPals Wellness Promotion Team” organized by Wellness and Counselling Centre, Office of Student Affairs. The application deadline is 16 Oct 2020 (Fri). (Enquiry: 3943 1804 Ms. Kong)

詳情 Details:

朋輩輔導聯網

<https://www2.osa.cuhk.edu.hk/wacc/zh-TW/activities/peer-counsellors-training>

uBuddies

<https://www2.osa.cuhk.edu.hk/wacc/en-GB/activities/peer-counsellors-training>

uPals 心理健康推廣團隊

<https://www2.osa.cuhk.edu.hk/wacc/zh-TW/activities/upals-wellness-promotion-team>

uPals Wellness Promotion Team

<https://www2.osa.cuhk.edu.hk/wacc/en-GB/activities/upals-wellness-promotion-team>

Instagram:

[cuhk_ubuddies](#)

[treehole_cuhk](#)

[cuhk_upals](#)

Facebook:

[山城樹窿 uBuddies](#)