

Self-Discovery through DISC and Communication at Workplace

Career Planning and Development Centre
OFFICE OF STUDENT AFFAIRS, THE CHINESE UNIVERSITY OF HONG KONG

Self-Exploration Month

ENROLL NOW!

Start where you are

12 Oct 2021 (Tue) | 2:30 - 4:00 pm
Self-Discovery through DISC and Communication at Workplace

22 Oct 2021 (Fri) | 2:30 - 4:00 pm
Self-Exploration & Career Planning through MBTI

26 Oct 2021 (Tue) | 2:30 - 4:00 pm
Realising Your STRENGTHS for Goal Accomplishments*

*This is one of the activities under Flourishing First Year @ CUHK "Work Well" module.

Dear Students,

“The explanation about DISC is quite funny.”

“I like the details in explaining the DISC result which can help me understand myself deeply.”

With your active participation and positive feedback about the DISC workshop in last term, CPDC proudly presents to you again the assessment tool for self-understanding in terms of your behaviors at workplace. Through conducting the 7-minute assessment and attending the debriefing, you will know your mirrored-self, true-self and how you behave at work, during personal time, or under stress.

Career Advisor will also guide you to pick the matched career pathways according to the scientific personality assessment results and let you know how you could team up with people with diverse workstyles. As your cheer team, CPDC would provide you with a special offer of taking the assessment at half price.

What are you still waiting for? Register now! Your career may start with this!

Programme	:	Self-Discovery through DISC and Communication at Workplace
Programme Category	:	Early Career Planning Self-Exploration Month
Date	:	12 October 2021 (Tue)
Time	:	2:30 pm – 4:00 pm (HKT)
Venue	:	Room 410, LSK Building
Target	:	All Undergraduates
Language	:	English
Speakers	:	Ivy Kwok

		Senior Manager Career Planning and Development Centre
Quota	:	20
Content	:	<ul style="list-style-type: none"> • Self-understanding through DISC Career Report • Knowing your mirrored-self, true-self and how you behave at work, during personal time, or under stress • Exploring career directions • Learning how to team up with people with diverse workstyles <p>Under the theme of Resilience Enhancement, participants of this workshop will have the privilege to join 2 follow-up workshops about Stress Management and Emotional Management at Workplace.</p>
Programme Fee and Payment Method	:	CPDC will sponsor you to take the DISC assessment at half price, HKD110 . (The original total cost of each DISC career report is HKD220) Bank transfer will be allowed for payment.
Registration	:	https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13639210 Please mark the date and time for the workshop first. You will be notified if your registration is successful, or you will be on the waiting list on or before 8 October 2021.
Deadline	:	9:00 am, 8 October 2021 (Fri)

See you soon! For any questions, please call Ms. Lai at 3943 1726.

Best regards,
Career Planning and Development Centre
Office of Student Affairs