

Shaw College General Education

逸夫書院通識教育

Course List for Term 1, 2023/24

2023/24 年度上學期科目總表

Term 1 上學期

Course Code 科目編號	Course Title 科目名稱	Teacher 老師	Language 語言	Time 時間	New Course / Service Learning Course 新科目 / 服務學習科目
GESC1130	University and Society 大學與社會	Dr. Lau Siu-lun 劉紹麟博士	C	Friday 星期五 14:30-17:15	
GESC1160	Environmental Problems in Hong Kong 香港環境問題	Prof. Tsang Ling-ming 曾令銘教授	C&E	Friday 星期五 15:30-18:15	
GESC1230AA	Caring Heart Service Learning 懷仁服務學習	Dr. Au Yi-man 歐怡雯博士	C&E	Friday 星期五 14:30-17:15	<ul style="list-style-type: none"> Service Learning course (Includes services of approximately 13 hours; Service target: Carers) 服務學習科目 (包括大約 13 小時之服務; 服務對象: 照顧者) The course focuses on "Applied Theatre and Social Care." Students will first experience and learn various improvisational interactive techniques in applied drama. Under the guidance of the instructor, they will design applied drama workshops in small groups and implement caring services for "caregivers" at the collaborating organization. 課程以「應用劇場與社會關顧」為主題，同學先將體驗和學習不同即興互動的應用戲劇手法。在導師指導下，以小組形式設計應用戲劇工作坊，於合作機構為「照顧者」實施關懷服務。
GESC1240	Buddhism As Lived: Mind, Body and Contemporary Issues 生活中的佛教：身、心與現代課題	Dr. Tong Sau-lin 唐秀蓮博士	P&C	Friday 星期五 14:30-17:15	<ul style="list-style-type: none"> This course aims at exploring the traditional and contemporary ways by which Buddhist teachings are expressed and experienced in the lives of the believers, in groups and individually. There are three major components to this course: 1/ Discuss the body-mind relation, and the nurturing of mental and physical health with topics such as dietary practices, meditation, mindfulness, counselling, and Buddhist psychology; 2/ Contemplate on the cultural manifestations of Buddhism in literature, popular culture, language, photography, film, folk custom, etc; and 3/ Consider the light that Buddhism may shed

					<p>on topics of contemporary life such as love, death, transgender issues. No prior knowledge of Buddhism is necessary.</p> <p>本課程旨在探討佛教如何透過傳統和現代的展現方式，表達其教義，並讓信眾在個人和群體的生活層面上，獲得宗教的經驗。課程主要分三部分。第一部分是身與心的關係，通過佛教的飲食、禪修、正念、心理諮詢、心理學等課題，探究佛教的身心健康之道。其次，是討論佛教在若干文化領域上的表現形態，諸如文學、流行文化、語言、攝影、電影、民間習俗等。最後，課程會探討佛教對於現代生活的課題，例如愛情、死亡、跨性別等，所作出的詮釋和回應。選修本科者不需具備佛學知識。</p>
GESC1250	Startup Exploration 創業探索	Prof. Alan Lam Hiu-fung 林曉鋒教授	C&E	Friday 星期五 14:30-17:15	<ul style="list-style-type: none"> The objective of this course is to encourage students to explore the start-up journey and gain entrepreneurship experience. Through project-based learning, students will form a team to co-work together to define a start-up project that they want to do in this course. With this ownership of the project, they will also learn how to collaborate, communicate and contribute to the project. With the tailor-made lectures based on the roadmap of start-up, including the session about impact to society (introduction to United Nation's 17 SDGs), students will learn different start-up skillsets step by step. In addition, each group of the start-up team will be assigned an industrial mentor to share experience and guidance to the team to upgrade the business plan to a realistic plan. Finally, students will have a presentation in the demo day to share their projects to potential investors. After this course, students will be invited to join CUHK Entrepreneurs Day organized by CUHK Alumni Affairs Office. Thus, this course provides whole-person training to encourage students to be innovative and have entrepreneurship spirit. <p>本科目的目的是鼓勵學生探索創業之旅並獲得創業經驗。通過基於項目的學習，學生將嘗試組建一個團隊，共同合作，定義他們想要在本科目中完成的創業項目。對項目產生歸屬感後，他們還將學習如何協作、溝通和為項目做出貢獻。通過基於創業路線圖所定制講座，包括關於對社會正面影響的科目（介紹聯合國制定的 17 個可持續發展目標），學生將逐步學習不同的創業技能。此外，每組創業團隊將獲分配一名行業導師，分享經驗和指導團隊，將商業計劃升級為切實可行的計劃。最後，學生將在演示日進行演示，向潛在投資者分享他們的項目。科目結束後，學生將獲邀參加由中大校友事務處舉辦的中大創業日。因此，本科目提供全人教育，鼓勵學生具有創新精神和創業精神。</p>

GESC2120	The Art of Leadership 領袖之道	Mr. Ivan Choy Chi-keung 蔡子強先生	C&E	Friday 星期五 14:30-17:15	
GESC2131	Comprehending the City 現代城市剖析	Dr. Guo Chunlan 郭春蘭博士	C&E	Friday 星期五 13:30-16:15	
GESC2150	Reconstruction of Hong Kong History and Social Development 香港歷史的重構與社會發展	Dr. CHEN Wenyan 陳文妍博士	C	Friday 星期五 14:30-17:15	
GESC2330	Service Learning: Genuine Care and Human Concern for the Society 服務學習:真誠的社會參與及人文關懷	Mr. Wong Kon-chi 黃幹知先生	C	Friday 星期五 14:30-17:15	<ul style="list-style-type: none"> • Service Learning course (Includes services and related activities of 18 hours; Service target: Elderly) 服務學習科目 (包括 18 小時之服務及相關活動; 服務對象: 長者) • Students will develop empathy towards elderly through wearing ageing simulation suits and interviewing them through home visits. Students will further engage the elderly through teaching them to use mobile Apps, and initiate a service project to promote intergenerational digital inclusion. 同學將試穿高齡體驗衣及進行家訪來培養對長者的同理心, 並透過教導他們使用智能電話及應用程式來了解長者的需要, 及後以小組形式設計長者數碼技能提升計劃, 促進跨代數碼共融。
GESC2390	Genetic Engineering and Its Impacts on Our Society 遺傳工程及其對社會的影響	Dr. Lo Fai-hang 羅輝恒博士 Dr. Ngai Hung-kui 魏雄鉅博士	E	Monday 星期一 13:30-16:15	
GESC2410	Concise Financial Literacy 簡明金融知識	Mr. Virendra Nath Virendra Nath 先生	E	Friday 星期五 14:30-17:15	
GEJC1020	The Hong Kong Story 香港故事	Dr. Lee King-wa 李勁華博士	E	Friday 星期五 15:30-17:15	

Remarks 備註:

C = Cantonese 廣東話

E = English 英語

P = Putonghua 普通話